New Lenox Power Softball Speed Training Camp

Speed Testing (based on average of four attempts)

60 feet (home to 1st base with swing)

Jersey Number	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11
December 27th											
Average Time	3.58	3.52	3.69		3.5	3.7	3.57	3.7		3.34	3.71
January 22nd											
Average Time	3.56	3.46	3.42	3.37	3.44	3.43	3.43	3.6	3.33	3.08	
February 28th											
Average Time	3.38	3.38	3.42	3.34	3.43	3.48	3.44	3.54	3.33	3.09	
Differential	-.20	-.14	-.27	-.03	-.07	-.22	-.13	-1.6	n/a	-.25	n/a
March 28th											
Average Time											
Differential											